Optum

San Diego County Referral Criteria for Neurobehavioral Health (NBU) Patch

San Diego County Funded Neurobehavioral Health (NBU) Patch: A skilled nursing facility that provides specialized neurobehavioral treatment and care for San Diego residents who are diagnosed with Traumatic Brain Injury (TBI) or Neuro-Cognitive Impairment (NCI) and a severe and persistent mental illness. An additional daily rate is paid to the facility by San Diego County.

The client must meet the following required criteria for a San Diego County funded NBU Patch:

1. Is a current resident of the State of California, has Medi-Cal eligibility for the County of San Diego, and has either a Medi-Cal Managed Care Plan (MCP) or the County Funded SNF program which will pay the daily rate for the SNF level of care.

2. Is at least 18 years of age.

3. Is not entitled to comparable services through other systems, i.e. Veterans Affairs (VA), Regional Center, or private insurance.

4. Cannot be safely managed in a less restrictive level of care. Documentation is provided to show that all other alternatives, including ASP Board and Care, traditional Board and Care, FSP case management, and case management have been attempted or there is documentation that these alternatives are not able to meet the client's needs.

5. Is currently being treated in an LPS psychiatric hospital or is in a SF/LTC bed currently funded by San Diego County. Documentation from the LPS facility showing attempts were made to place client at all other appropriate SNF facilities including SNF Patch placement.

6. Requires 24/7 residential care with both a nursing component and a psychological component.
   a. MHRC/STP level of care was deemed as inappropriate level of care due to physical health needs, age, or not currently able to participate in a 21 hour per week psychosocial rehabilitation program.

7. Is gravely disabled as determined by the establishment of a temporary or permanent, public or private LPS Conservatorship by Superior Court.

8. Is assigned to or will be assigned to a Case Management program funded by the County of San Diego.

9. Has an adequately documented Title 9, DSM IV-TR Primary diagnosis of a serious, persistent, major mental disorder or an eating disorder; the primary diagnosis cannot be a substance abuse related disorder.
   a. The symptoms must not be primarily a manifestation of a developmental disorder, dementia, or TBI.

b. May have a substance abuse diagnosis as a concurrent diagnosis.
c. May also have a concurrent Personality Disorder diagnosis, but diagnosis alone is not sufficient to meet criteria.

10. Is not at imminent risk of serious harm to self or others.

11. Has tuberculosis (TB) clearance within thirty days of application.

12. Have a diagnosis of Traumatic Brain Injury (TBI) or Neuro-Cognitive Impairment (NCI) and a pre- existing diagnosis of a severe and persistent mental illness. There must be documented evidence that the mental health diagnosis existed prior to the TBI or NCI.

And the client must meet at least <u>one</u> of the following clinical criteria (these criteria are not intended for use solely as a long-term solution to maintain stability acquired during treatment in a residential facility/program):

1. The client's psychosocial functioning has deteriorated to the degree that the client is at risk for being unable to safely and adequately care for themselves in the community or at a less restrictive setting.

2. A lower level of care in which a client may be effectively treated is unavailable, an intensified schedule of ambulatory care or a change in the treatment plan has not proven effective, or community support services that might augment ambulatory mental health services and pre-empt the need for SNF Treatment is unavailable, insufficient, or inadequate.

Exceptions to criteria may be made by Optum Medical Director. County consultation may be requested by Optum.